

Overseas Cost of Living Allowance Adjustments

(as of 5/27/2015)

An increase indicates that price differences have increased from being that much more expensive in comparison to average prices in the Continental United Sates (CONUS). A decrease in this allowance indicates that the prices of goods and services have declined in comparison. Overseas COLA is not a fixed amount and adjustments based on data are either immediate or made incrementally, depending on whether the payment will increase or decrease. Increases in COLA are made immediately, whereas COLA reductions are phased in over time to help minimize the impact of the adjustment. Please refer to Table 1 for the COLA index point adjustment by duty station location.

Service members can calculate their COLA rate at http://www.defensetravel.dod.mil/site/colaCalc.cfm. The calculation tool is updated with the current COLA amounts each pay-period.

Current and Upcoming Adjustments

	Location		Current Index	New Index	Point Change	Adjustment Begins	Adjustment Complete
	United Kingdom	Cheltenham/ Innsworth	148	140	-8	1 May 15	1 Jun 15
	South Africa	Cape Town	120	112	-8	16 Jun 15	16 Jun 15
	Chad	Ndjamena	116	116	No Change	1 Jun 15	1 Jun 15
	Cuba	Guantanamo Bay	100	114	+14	1-Jun-15	1-Jun-15
	Hawaii	Hawaii Island	130	132	+2	1 Jun 15	1 Jun 15
	Hawaii	Kauai	140	132	-8	1-Jul-15	1-Aug-15
	Hawaii	Maui	142	134	-8	1 Jul 15	1 Aug 15
	Hawaii	Oahu	132	124	-8	1-Jul-15	1-Aug-15
	Kuwait	Kuwait City	126	128	+2	1-Jun-15	1-Jun-15
	Niger	Niamey	106	112	+6	1 Jun 15	1 Jun 15
	United Kingdom	Central London	144	144	No Change	1 Jun 15	1 Jun 15
New!	Botswana	Gaborone	106	116	+10	16 Jun 15	16 Jun 15
New!	Columbia	Bogota	106	122	+16	16 Jun 15	16 Jun 15
New!	Greece	Souda Bay	110	118	+8	16 Jun 15	16 Jun 15
New!	Norway	Stavanger	138	152	+14	16 Jun 15	16 Jun 15
New!	Thailand	Chiang Mai	104	130	+26	16 Jun 15	16 Jun 15
New!	Turkey	Ankara	112	122	+10	16 Jun 15	16 Jun 15
New!	Turkey	Incirlik	100	112	+12	16 Jun 15	16 Jun 15
New!	Turkey	Izmir	104	116	+12	16 Jun 15	16 Jun 15

*All indexes are subject to currency fluctuations

About DTMO

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